

## Marion TORRES, PhD

### Project Manager and Expertise Scientific in Nutritional Epidemiology

#### Contact information

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[https://www.researchgate.net/profile/Marion\\_Torres](https://www.researchgate.net/profile/Marion_Torres)

#### Professional experiences

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- Since 2016 **Project Manager and Scientific Expert in Nutritional Epidemiology** (Nutritional Surveillance and Epidemiology Team (ESEN), French Public Health Agency / Paris 13 University, Bobigny, France)
- 2016 (4 mths) **Nutritional Epidemiology Associate Specialist** (Nestlé Institute of Health Sciences, Lausanne, Switzerland)
- 2015-2016 **PostDoc Position** (Nutritional Epidemiology Research Unit, CRESS-U1153 Inserm / U1125 Inra / Cnam / Univ Paris 13 and Labex Milieu Intérieur team, Pasteur Institute, Bobigny, France)

#### Education

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- 2011-2014 **PhD Student in Epidemiology** (supervisor : Dr L. Letenneur, Department of Nutritional Epidemiology, Research Center “Epidemiology and Biostatistics”, INSERM U897, Bordeaux, France and Nutricia France/ Danone Research, Palaiseau, France)  
*Prevalence of malnutrition, risk factors, medical support and prognosis among the elderly living at home*
- 2012 (1 week) **Exposure Assessment in Nutrition Research class**  
University of Wageningen, Netherlands
- 2009-2011 **Master Degree in Public Health – Epidemiology**, Honors Graduate  
University Bordeaux Segalen, ISPED, Bordeaux, France
- Supervisor: Valentina Andreeva (Nutritional Epidemiology Research Unit, CRESS-U1153 Inserm / U1125 Inra / Cnam / Univ Paris 13, Bobigny, France)  
*Impact of supplementation with vitamins B6, B9, B12 and / or omega-3 on depressive symptoms with individuals who developed cardio or neurovascular, from the cohort SU.FOL.OM3*
  - Supervisor: Catherine Féart (Department of Nutritional Epidemiology, Research Center “Epidemiology and Biostatistics”, INSERM U897, Bordeaux, France)  
*Analysis of the association between adherence to Mediterranean diet and plasma levels of fatty acids in the elderly population, cohort 3C*
- 2008-2009 **Bachelor Degree in Sciences, Technologies and Health – Biology/Nutrition**  
University of Pharmacy of Auvergne, Clermont-Ferrand, France
- 2005-2008 **Advanced Technician Diploma of Dietitian**, Honors Graduate  
Cours Diderot, Montpellier, France

## Scientific publications

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- Équipe de surveillance et d'épidémiologie nutritionnelle (Esen). [Health Study on Environment, Biomonitoring, Physical Activity and Nutrition (Esteban), 2014-2016. Nutrition part. Body mass index chapter]. Saint-Maurice : Santé publique France, 2017. 42 p.
- Verdot C, **Torres M**, Salanave B, Deschamps V. [Children and adults body mass index in France in 2015. Results of the Esteban study and trends since 2006]. Bull Epidemiol Hebd 2017; 13:234-41.
- Andreeva VA, **Torres MJ**, Druésne-Pecollo N, Léger D, Gonzalez P, Bayon V, Hercberg S, Galan P. Sex-specific associations of different anthropometric indices with acute and chronic insomnia. Eur J Public Health 2017. In press
- Buscail C, Sabate JM, Bouchoucha M, **Torres MJ**, Allès B, Hercberg S, Benamouzig R, Julia C. Association between self-reported vegetarian diet and the irritable bowel syndrome in the French NutriNet cohort. PLoS One. 2017 Aug 25;12(8):e0183039
- Andreeva VA, **Torres MJ**, Léger D, Bayon V, Gonzalez P, de Edelenyi FS, Hercberg S, Galan P. Major Change in Body Weight over 5 Years and Total Sleep Time: Investigation of Effect Modification by Sex and Obesity in a Large e-Cohort. Int J Behav Med. 2017 Aug;24(4):493-500
- **Torres MJ**, Féart C, Samieri S, Dorigny B, Luiking Y, Berr C, Barberger-Gateau P, Letenneur L. Nutritional Status and risks of falling and fracture in elderly people living at home in France: the 3City cohort study Osteoporos Int. 2015 Apr 11.
- **Torres MJ**, Dorigny B, Kuhn M, Berr C, Barberger-Gateau P, Letenneur L. Nutritional status in community-dwelling elderly in France in urban and rural areas. PloS One. 2014 Aug ; 9: e105137. - Rullier L, Lagarde A, Bouisson J, Bergua V, **Torres MJ**, Barberger-Gateau P. Psychosocial correlates of nutritional status of family caregivers of persons with dementia. Int Psychogeriatr. 2014; 26(1):105-13
- Andreeva VA, Galan P, **Torres MJ**, Julia C, Hercberg S, Kesse-Guyot E. Supplementation with B vitamins or n-3 fatty acids and depressive symptoms in cardiovascular disease survivors: ancillary findings from the SUpplementation with FOlate, vitamins B-6 and B-12 and/or OMega-3 fatty acids (SU.FOL.OM3) randomized trial. Am J Clin Nutr. 2012; 96(1):208-14
- Feart C, **Torres MJ**, Samieri C, Jutand MA, Peuchant E, Simopoulos AP, Barberger-Gateau P. Adherence to a Mediterranean diet and plasma fatty acids: data from the Bordeaux sample of the Three-City study. Br J Nutr. 2011; 106(1):149-58

## Teaching experience

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| 2013-2015 | Student tutoring (<br>University diploma by internet « Nutritional Epidemiology », Bordeaux University, France |
| 2014      | Methods of food survey (4 hours) - Lecturer<br>Master in Public Health of Bordeaux University, France          |
| 2014      | Tutorial classes of Epidemiology (10 hours)<br>Nursing school, Bordeaux University Hospital Centre, , France   |