

Sandrine Péneau, Associate Professor in Nutrition

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EDUCATION/TRAINING

2006 PhD student and research assistant. Laboratory of Food Chemistry and Technology, Institute of Food Science and Nutrition, ETH, Zurich, Switzerland.

2001 Master 2 in Food Science, option: Science of Taste. University of Bourgogne, Dijon,

2000 Master 1 in Cellular Biology and Physiology, option: Physiology. University of Rennes. Erasmus exchange program. University of Newcastle Upon Tyne, England.

POSITIONS

Since 2009: Associate Professor, Nutritional Epidemiology Research Unit, EREN, Bobigny

2008-2009: Post-doctoral fellow at the Geriatric Center Antonin Balmes, Montpellier.

2006-2008: Post-doctoral fellow at the Nutritional Epidemiology Research Unit, EREN, Bobigny.

2001-2005: PhD in the Institute of Food Science and Nutrition. ETH Zurich, Zurich. Switzerland.

RESEARCH TOPICS

- Psychological determinants of dietary behaviors and nutritional status: cognitive restraint, emotional eating, intuitive eating, mindfulness, time preference, satisfaction with life.

- Early determinants of nutritional status in adulthood: diet and growth

PEDAGOGICAL ACTIVITIES

- Responsible for the Master in Human Nutrition and Public Health.