

Professor Jean-Michel OPPERT

Jean-Michel Oppert, MD, PhD, is Professor of Nutrition at Sorbonne Université (University Pierre et Marie Curie-UPMC) and head of the Department of Nutrition at the Paris Pitié-Salpêtrière university hospital (AP-HP).

His main research interests in nutrition epidemiology include the measurement of physical activity and sedentary behaviour in population-based studies and in patients with cardiometabolic diseases, and the investigation of environmental determinants of physical activity and eating habits. He has been or is involved in national and EU-funded projects on physical activity and/or obesity such as Nugenob (FP5), ALPHA (DG Sanco), HOPE (FP6), SPOTLIGHT (FP7), METACARDIS (FP7). He is author or co-author of more than 200 papers in peer-reviewed journals on topics related to physical activity and nutrition.

He has a long-standing interest in lifestyle-associated diseases and related public health issues with a European perspective. He is founding member and has been member of the Steering Committee of the Health Enhancing Physical Activity (HEPA)-Europe network supported by WHO Europe (2004-2012) and he is past president of the European Association for the Study of Obesity (EASO). He is currently member of the Scientific Advisory Board of the Joint Programming Initiative (JPI) Healthy Diet Healthy Life.