

Dr. Chantal Julia,

Nutritional epidemiology and public health

Born in Paris on October 10th, 1981

Married, 2 children

AREA OF RESEARCH

Front-of-pack nutrition labeling

Nutritional interventions to improve the nutritional status of vulnerable populations

Physical activity promotion in a disadvantaged neighbourhood

Impact of fruit and vegetables vouchers for vulnerable families

CURRICULUM VITAE

Septembre 2015 : Nominated as Associate Professor (Maître de Conférence des Universités-Praticien Hospitalier (MCU-PH))

Nutritional Epidemiology Research Team, Equipe de Recherche en Epidémiologie Nutritionnelle (EREN)

Université Paris 13, Centre de Recherche en Epidémiologie et Statistiques (CRESS), Inserm (U1153), Inra (U1125), Cnam, COMUE Sorbonne (ex. U557 Inserm)

Directeur : Pr. S. Hercberg

Functional Unit 'Nutrition and Public Health' Unité fonctionnelle « Nutrition et santé publique » (Pr. S. Hercberg),

Département de Santé Publique (Pr. A. Venot),

Pôle « Activités interventionnelles ambulatoires et nutritionnelles » (Pr. C. Barrat),

Hôpital Avicenne

Novembre 2011 Nominated as University Hospital Assistant (Assistant hospitalo-universitaire, AHU)

2008-2010 Medical residency in Public Health

2006-2008 Medical residency in General Practice

University training

2011-2013 Thesis in Health, Public Health, Paris 13 University.
Defended on October 15th, 2013

First Class Honours. Oral congratulations of the Jury. Titre : Epidemiological aspects of the relationship between nutrition and inflammation (Aspects épidémiologiques des relations entre nutrition et inflammation)

2010-2013 Complementary medical degree in Nutrition Validated on October 2013

2010 Medical degree in Public Health, Paris 6 University
Medical Thesis, Specialty Public Health.

First Class Honours, silver medal.

Titre : Relationship between self-perceived body image and anthropometric data in the NutriNet-Santé study (Relations entre l'image corporelle perçue et les données anthropométriques déclarées dans l'étude Nutrinet-Santé).

2010 Masters degree Research in Public Health (Specialty Epidemiology) (Paris 11 University)

2006 **National Medical Examination : ranking 1496**

2000-2006 **Medical training**

Pitié Salpêtrière University Hospital

LIST of PUBLICATIONS

H factor : 12

Main recent publications

1. Julia C, Hercberg S. Research and lobbying conflicting on the issue of a front-of-pack nutrition labelling in France. *Arch.Public Health* 74, 51. 2016.
2. Julia C, Assmann K, Shivappa N, Hebert J, Wirth M, Hercberg S, Touvier M, Kesse-Guyot E. Inflammatory dietary scores in relation to long-term C-reactive protein status: findings from the SU.VI.MAX cohort. *British Journal of Nutrition* 117(2), 306-314. 2017.
3. Buscail C, Menai M, Salanave B, Daval P, Painsecq M, Lombrail P, Hercberg S, Julia C, Promoting physical activity in a low-income neighborhood of the Paris suburb of Saint-Denis: effects of a community-based intervention. *BMC Public Health*. 2016;16:667
4. Julia C, Blanchet O, Méjean C, Péneau S, Ducrot P, Allès B, Fézeu L, Touvier M, Kesse-Guyot E, Singler E, Hercberg S. Impact of the front-of-pack 5-Colour Nutrition Label (5-CNL) on the nutritional quality of purchases: an experimental study. *International Journal of Behavioral Nutrition and Physical Activity*. 2016. 13(1):101
5. Julia C., Mejean, C., Peneau, S., Buscail, C., Alles, B., Fezeu, L., Touvier, M., Hercberg, S., and Kesse-Guyot, E. The 5-CNL Front-of-Pack Nutrition Label Appears an Effective Tool to Achieve Food Substitutions towards Healthier Diets across Dietary Profiles. *PLoS One* 11(6). 2016
6. Julia C, Touvier M, Mejean C, Ducrot P, Peneau S, Hercberg S, Kesse-Guyot E. Development and validation of an individual dietary index based on the British Food Standard Agency nutrient profiling system in a French context. *J Nutr* 2014;144:2009-17.
7. Julia C, Galan P, Touvier M, Meunier N, Papet I, Sapin V, Cano N, Faure P, Hercberg S, Kesse-Guyot E. Antioxidant status and the risk of elevated C-reactive protein 12 years later. *Ann Nutr Metab* 2014;65:289-98.
8. Julia C, Ducrot P, Lassale C, Fezeu L, Mejean C, Peneau S, Touvier M, Hercberg S, Kesse-Guyot E. Prospective associations between a dietary index based on the British Food Standard Agency nutrient profiling system and 13-year weight gain in the SU.VI.MAX cohort. *Prev Med* 2015;81:189-94.
9. Julia C, Ducrot P, Peneau S, Deschamps V, Mejean C, Fezeu L, Touvier M, Hercberg S, Kesse-Guyot E. Discriminating nutritional quality of foods using the 5-Color nutrition label in the French food market: consistency with nutritional recommendations. *Nutr J* 2015;14:100.
10. Julia C, Fezeu LK, Ducrot P, Mejean C, Peneau S, Touvier M, Hercberg S, Kesse-Guyot E. Nutrient Profile of Foods Consumed with the Use of the British Food Standards Agency Nutrient Profiling System Is Associated with Metabolic Syndrome in the SUPplementation en Vitamines et Minéraux Antioxydants Cohort. *J Nutr* 2015.
11. Julia C, Kesse-Guyot E, Ducrot P, Peneau S, Touvier M, Mejean C, Hercberg S. Performance of a five category front-of-pack labelling system - the 5-colour nutrition label - to differentiate nutritional quality of breakfast cereals in France. *BMC Public Health* 2015;15:179.

12. Julia C, Mejean C, Touvier M, Peneau S, Lassale C, Ducrot P, Hercberg S, Kesse-Guyot E. Validation of the FSA nutrient profiling system dietary index in French adults-findings from SUVIMAX study. Eur J Nutr 2015.
13. Le Pluart D, Sabaté J-M, Bouchoucha M, Hercberg S, Benamouzig R, Julia C. Functional gastrointestinal disorders in 35,447 adults and their association with body mass index. Aliment Pharmacol Ther 2015;41:758-67.